

After School Multi-Sport Program:

Skilled and experienced instructors will conduct a one-hour session consisting of Basketball, Indoor Kickball and Wiffle ball.

Contact Instructor Frank Luca
639-0814

Grades K-5

\$60 for 8-week program

Callahan Elementary School

Wednesdays: 3:15 p.m.-4:15 p.m.

Steere Farm Elementary School

Thursdays: 3:15 p.m.-4:15 p.m.

Fall Art Lessons:

Contact Instructor Adele Karbowski
568-0748

Creative Drawing and Painting

Ages 5 and up:

\$45/5 weeks

A.T. Levy Mon. 3:00-4:30

Callahan Mon. 3:00-4:30

Steere Farm Wed.. 3:10-4:30

One Saturday per month-

Community Recreation Center:

Ages 5-8:

Me and Monet Workshops

\$12 per class

11:00-12:00

Ages 9 and up:

Exploring Art, watercolor, tempera, pastel and charcoal.

\$12 per class

12:30-2:00

Itty Biddy Sports:

Includes a wide array of age appropriate activities with a concentration on skill and coordination.

Instructor: Tracy San Antonio
639-1835

Ages 2-6

Mondays 9:00 a.m.-9:30 a.m.

Burrillville Community Recreation Center

FALL CLASS SCHEDULE

Wunderkind:

Children ages 5 to 15 are welcome to come and utilize theater games and activities designed to encourage imaginative play, creativity, empathy and teamwork.



Burrillville Middle School

Mondays (2:15 p.m. to 3:15 p.m.)

A.T. Levy School

Wednesdays (3:15 p.m. to 4:15 p.m.)

Callahan

Thursdays (3:15 p.m. to 4:15 p.m.)

Callahan

Fridays (3:15 p.m. to 4:15 p.m.)

Instructor Jennifer Briere Phone: 441-9313

\$60 per six week session

(Sibling discount available)

Paw Prints of Hope Pet Education Program:

A series of six fun and exciting workshops on pet guardianship taught through hands-on interaction with credentialed therapy dogs as well as experience in art, animal science, music, social science, cooking, and more!

Burrillville Community Recreation Center:

Tuesday (4:00 p.m. to 5:30 p.m.)

Instructor Michelle Losardo, M.Ed. Phone: 568-0375

E-mail: pawprintsofhope@cox.net

\$55 per six week session

Functional Strollerfit Fitness:

Your body gets strong, lean and energized as you perform highly effective exercises targeting your mommy muscles while meeting the physical, social and emotional needs of moms and babies.

Steere Farm Elementary Gym:

Tuesday (3:30 p.m. to 4:30 p.m.)

Instructor Cari-Lynn Fisher

Phone: 617-834-0618 or

e-mail: strollerfitblackstonevalley@gmail.com

\$80 per eight week session

(10% discount with pre-registration)

Fencing:

The object is to develop the mind, spirit and body of participants along with advancing the sport of fencing and sportsmanship.

A.T. Levy School:

Monday (7:00-8:30 p.m.) Basic & Advanced

Friday (3:30-4:30 p.m.) Electric & Free

Instructor: Mike Kropman

Phone: 568-0169

\$20.00/Six weeks Students

\$40.00/Six weeks Adults



Tai Chi (Taijiquan) & Qigong:

Tai-Chi is an ancient martial art exercise that today is also practiced for its health benefits. Through slow, gentle movements we gain strength, stamina, reduce stress and improve circulation. Yang style, Sun Style Tai-Chi, Sword/Fan forms and Qigong classes are offered for both Beginner & Intermediate levels.

Burrillville Community Center:

Wednesday (7:00 to 8:30 p.m.)

Saturday (9:00 to 10:30 a.m.)

Instructor: David A. Tymecki, Certified TCA & TCD

(www.dalantstudios.com)

Phone: 568-9835

\$80.00 Eight week session

\$50.00 Eight week session (Seniors/Students)

Senior Fitness:

Senior fitness will be an easy class suitable for all ability levels. Exercise to improve flexibility and strength.

Burrillville Community Center:

Tuesday and Thursday- (10:00-11:00 a.m.)

Instructor: Fran Golombiewski Phone: 333-2623

\$15.00 monthly fee per participant

Yoga:

Instructor Anita Bevans

578-4162

Web: www.healinghearttyoga.net

Feeling tired and stressed? Join to unwind from your day and gain flexibility and strength.

Classes are for everybody, no previous experience required.

Sunday mornings (9:00 am to 10:15 pm) \$48/6 weeks

Thursday evenings (6:30 pm to 7:45 pm) \$48/6 weeks

Square Dancing Lessons:

Contact Instructor Lori Morin
568-6728

*"Classes" held each Sunday 7:00 to 9:00 p.m. at the
Burrillville Community Recreation Center*

\$5.00 per class.

*"Dances" held the 1st Saturday of each month
8:00 p.m. to 10:30 p.m. for \$5.00 per person.*

Zumba and Line Dance Lessons

Instructor Fran Golombiewski 333-2623
Burrillville Community Recreation Center

\$35.00/6 week session

First three Fridays of each month

(7:00 p.m. to 8:00 p.m.)

(8:00 p.m. to 9:00 p.m.)



Zumba

Line Dancing

Other League Contacts:

- ◆ Junior Hockey 334-3969
- ◆ Youth Basketball 568-0723
- ◆ Youth Soccer 710-7082
- ◆ Little League & Softball 710-7265
- ◆ Men's Softball 568-9356
- ◆ Men's Basketball 636-1303
- ◆ Patriot's Youth Football & Cheer 568-9999
- ◆ Figure Skating 568-0203

Winter Learn to Skate Program:

Burrillville Figure Skating Association will begin it's 38th year on September 3, 2010. Registration September 4th (1:00-5:00 p.m.) or walk-in registrations welcome during all practice sessions during September and October every Monday (5:30-7:20 p.m.) and Thursday (5:30-6:20 p.m.).

Public Skating:

June R. Levy Rink
568-8615

Sundays 1:30 p.m. to 2:50 p.m.

\$3.00 per person (under 7 free)

Skates to use for free!

"Mom and Me" Classes:

Toddlers up to ages 2 1/2 is to introduce tumbling and strength skills, with the added security of learning with "Mom" (or Dad, or Grandma, or Grampa).



Friday- (9:00 to 10:30 a.m.)

\$20/month 1st child-add \$10 for each additional child

Fun Dance:

A combination of jazz, acrobatic, and ballet moves in a style that encourages creativity in movement.

Friday- Ages 3-4 (10:45 a.m.-11:30 a.m.)

Jazz & Hip Hop:

Styles of jazz, such as Latin, Broadway & Modern Jazz. Hip Hop is a combination of steps to have some fun but does not require prior dance training.

Friday- Ages 5-7 (4:45-5:30 p.m.) Jazz/Hip Hop

Wednesday- Ages 8-11 (4:45-5:30 p.m.) Jazz/Hip Hop

Wednesday- Ages 12+ (5:30-6:30 p.m.) Hip Hop

Ballet/Tap:

Begin learning basic steps to putting the steps together in a number of different ways. Ballet is a structured class of age appropriate barre and ballet steps.

Tuesday- Ages 3-4 (4:00-4:30 p.m.) Pre-Tap

Ages 5-7 (3:15-4:00 p.m.) Tap

Ages 8-11 (4:30-5:15 p.m.) Tap

Wednesday- Ages 8-11 (4:00-4:45 p.m.) Ballet

Friday- Ages 5-7 (4:00-4:45 p.m.) Ballet

*All Tuesday classes are held at the A.T. Levy School and
All other classes are held at the Burrillville Community Center*

Contact Instructor Megan Schofield 371-2982

30 min. class \$20.00/month 45 min. class \$25.00/month

*60 min. class \$30.00/month *Multiple class discount offered*

Burrillville Extended Care

Contact 568-1356

Before and after school care located at Steere Farm and Callahan Elementary Schools.

- ◆ Co-Directors Kelly Courmoyer and Lisa Nault

Adult Strength, Conditioning and Cardio Class

Contact Instructor: Melanie Hebert

860-779-3732

E-mail: melaniehebert@sbcglobal.net

Class offers a combination of both cardiovascular and strength training along with all the benefits of a true full body workout.

\$64 per eight week session



Burrillville Parks and Recreation

Fall Class Schedule

Cheri R. Hall, CPRP

Parks & Recreation Director

E-mail: chall@burrillville.org

Phone: 568-9470

Website: www.Burrillville.org

Special Events:

Lunch at the Lodge:

*in cooperation with
Woonsocket Senior Services
Tuesdays and Thursdays
12 noon to 1:00 p.m.*



This program is open to people age 60 years and older or anyone with a certified disability.

Donation of \$3.00 per person appreciated.

Reservations required at 568-9470.

Pitch at the Lodge

Each Tuesday at 1:00 p.m.

Registration required

for each session.

568-9470



Back by Popular Demand!